

Welcome to Girls Lacrosse of Poway!

We are looking forward to an exciting season. This packet outlines all the necessary forms and information for Registration.

- 1) Girls Lacrosse of Poway registration takes place on Saturday, February 23, 2019 on the south end of the home bleachers of the stadium field at Poway High School. Please complete all the attached forms ahead of time and bring to registration. Following are the registration times: Seniors at 9:00am; Juniors at 9:30am; Sophomores at 10:00am; and Freshmen at 10:30am. Please bring your checkbook as 2-3 checks may be needed for the registration process.
- 2) Please bring the following forms completed to registration:
 - a. Player & Parent Information form
 - b. Registration Checklist (Check #1)
 - c. Team Issued Uniform Usage Agreement (Check #2)
 - d. Optional Spirit Wear Order Form
 - e. Player Profile Form (for Program)
 - f. Season Program Ad Form(s)
- 3) Girls Lacrosse of Poway runs 100% on donations. On average, it costs \$570 per player for the program to break even. Donations are non-refundable
- 4) Uniforms will be distributed and spirit wear may be ordered (see attached form) on the day of registration. A uniform deposit of \$150 is required (separate check to be held until uniform is returned). Optional Spirit wear orders will close at the end of the day of registration.
- 5) Poway High School arranges bus transportation for all players to and from each game. The PHS Athletic Department requests GLOP pay \$20 per player for transportation. As a convenience, we add this amount to the requested donation. We will pay PHS directly with one check from the club for all the players.
- 6) Fundraiser Dates:
 - a. 2/21/19 >> Rubio's fundraiser from 2pm – 9pm. 13504 Poway Rd.
 - b. 3/1/19 >> FanAngel online fundraiser.
 - c. 4/6/19 >> Jog-a-thon
- 7) Team Photos for the program publication will be taken at Poway High School on Friday, March 1. Individual photos for purchase will be taken at a date to be determined.

Thank you in advance for all your support of the program! We look forward to seeing you at registration on Saturday, February 23! If you have any questions, please email Lesley Flud at fludfamseven@gmail.com. Go Poway!!

**Girls Lacrosse of Poway
Player & Parent Information - 2019**

Player's Name: _____ Grade: _____

Date of Birth: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Player's Email: _____

Mother's Name: _____ Work Phone: _____ Home Phone: _____

Cell Phone: _____ Mother's Email: _____

Father's Name: _____ Work Phone: _____ Home Phone: _____

Cell Phone: _____ Father's Email: _____

Website & Season Program Release: <http://phsgirlslax.com>

Yes No (circle one) You may post sports pictures of my athlete on the website.

Yes No (circle one) You may post my athletes name on the player roster on the website.

Yes No (circle one) You may put my athletes name and photo in the Season Program Booklet.

Player Name (print)

Parent Signature

Date

**Girls Lacrosse of Poway
Uniform Usage Agreement - 2019**

My (player) initials below indicate I have received the following items:

Green jersey	_____	White jersey	_____
Skirt/Skort	_____	Pinnie	_____
Warm up top	_____	Warm up bottom	_____
Backpack	_____		

We, the undersigned, agree to maintain the uniform items (listed above) issued to us throughout the season as follows:

1. To reduce wear and tear, jerseys may only be worn during games.
2. Jerseys will be washed in cold water on the gentle cycle. **PLEASE DO NOT USE BLEACH.**
3. All garments must be hung out to dry, and not dried in a dryer.
4. At the end of the season, all uniform items (listed above) will be laundered and folded in a gallon sized Ziploc bag, placed inside the backpack, and returned to the team manager.

To ensure that the uniforms are maintained and returned as indicated above, we also agree to issue a check for \$150 payable to "Girls Lacrosse of Poway" to be held as a security deposit until the end of the season. We understand that if any item is damaged throughout the course of the season, this deposit will be used to pay for the necessary repairs. Additionally, if any piece of the uniform is lost or damaged beyond repair, we will forfeit the full amount of said security deposit. Finally, if all pieces of the uniform are returned in the same condition as when they were issued, by the deadline determined by the team manager, the full security deposit will be returned.

Jersey #: _____

Date: _____

Players Name (print)

Parent/Guardian Name (print)

Player's signature

Parent/Guardian Signature

Girls Lacrosse of Poway Players Profile Form (for Program) - 2019

Player Name: _____

Grade: _____

Circle One: V or JV

Jersey Number: _____

<u>Description</u>	<u>B&W</u>	<u>Color</u>	<u>Size</u>
Business Card	\$ Free	-----	Standard Size
Quarter Page	\$ 25.00	-----	4.625" tall x 3.625" wide
Half Page	\$ 75.00	\$ 125.00	4.625" tall x 7.500" wide
Full Page	\$ 175.00	\$ 225.00	9.500" tall x 7.500" wide



Player's quote, saying, phrase, or special notes: _____

If no picture is submitted for your daughter, one may be chosen from photos taken by our team photographer. Participation in the Player Profile qualifies as sales of advertising. As such, 50% of whatever is purchased will be directly to your player's donation at registration.

Complete this form (one per ad), and mail with check payable to: "Girls Lacrosse of Poway", PO Box 1852, Poway, CA 92074.

Artwork should be emailed to: Barb Sandstrom at powaylax64@gmail.com

Questions? Contact Barb Sandstrom: 858-663-7305 or by email: powaylax64@gmail.com

All proceeds benefit Girls Lacrosse of Poway, which is a tax-exempt IRS designated 501 (c)(3) non-profit organization (Federal tax ID No. 06-1808560. Your donation to GLOP may qualify for an income tax deduction in accordance with Federal and/or State income tax laws. Please consult with your tax advisor to determine whether your donation is deductible in whole or in part.

Girls Lacrosse of Poway
Season Program Ad Form - 2019
Advertising Rates & Reservation Form

Commercial or Personal advertisements- Choose your ad:

Prices

Description	B&W	Color	Size
Business Card	\$ 25.00	-----	Standard Size
Quarter Page	\$ 50.00	-----	4.625" tall x 3.625" wide
Half Page	\$ 100.00	\$ 150.00	4.625" tall x 7.500" wide
Full Page	\$ 200.00	\$ 250.00	9.500" tall x 7.500" wide
Full Page Inside Back *		\$ 350.00	9.500" tall x 7.500" wide
Full Page Inside Front *		\$ 400.00	9.500" tall x 7.500" wide

* **subject to availability**

SUBMISSION DEADLINE FOR ARTWORK: *MARCH 15, 2019*

Artwork should be emailed to: powaylax64@gmail.com

Complete this form (one per ad), and mail with check payable to: **Girls Lacrosse of Poway**
 PO Box 1852
 Poway, CA 92074

Player Selling Ad: _____ Amount Enclosed: _____

Ad Size/ B&W or Color: _____ Same ad as last year: _____

Business Name: _____

Contact Name: _____ Phone: _____

Email: _____

Address: _____

Questions? Contact Barb Sandstrom at: 858-663-7305, or email: powaylax64@gmail.com

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Hello 2019 Titans Girls Lacrosse Families!

Raising funds is important and required to run a quality Girls Lacrosse program. Our program is fully self-funded and relies on the generosity of family, friends, and community donations, and fundraising efforts. As I'm sure you are aware, it's a lot of stress and effort for everyone (students, families, and coaches). FanAngel was designed to make this endeavor easier. The platform is simple to use, highlights the team, and make sure your efforts are as successful as possible, thereby reducing the stress of other types of fundraising that would otherwise be necessary.

To be successful, we need your help. Each family is asked to do their small part to make this fundraising program a success. It will take everyone's participation to make it work.

The funds you raise this year will be used for uniforms, referees, athletic trainers, insurance, field expenses, nets, goals, transportation, banquet, and other operating expenses.

What we ask of you is small, but has a big impact:

1. Collect a minimum of 15 (or more) quality email addresses of your athlete's biggest supporters. You can use the attached form to help collect names/addresses.
2. **Print or save list of emails in a note on a smartphone for easy copying into your FanAngel account and bring this list to practice on March 1.**
3. Bring a smartphone if possible on that date.
4. Each athlete will have a collection goal of \$200.

On March 1, each athlete will be asked to create an account, take a profile photo, and enter their supporters' email addresses on FanAngel so the campaign can launch successfully. Here is a video tutorial on entering emails:

<https://pages.fanangel.com/how-to-share>

On launch day, athletes will use THIS URL to create an account and share with supporters:

<https://www.fanangel.com/poway-lax/share>

Things parents should know:

1. FanAngel uses the industry's most secure privacy and protection standards. Emails are never shared or sold.
2. FanAngel's automation will send supporters up to two reminders. One after 3 days and another two days prior to the end of the campaign. If the supporter has donated, they will "not" receive additional reminders. Moreover, the supporter has the ability to unsubscribe at any time.
3. After 7 days, if there seems to be something wrong with an email address (mistyped, junk folder, etc.), you will receive a notification and be prompted to reach out directly (simply forward the email from your personal account and/or call the supporter).
4. When donors visit the page, they will see the athlete's individual goal. Individual goals will initially show \$200 and then will increase to \$250 when their initial mark has been met. This staged goal has been proven to increase campaign results.

Creating your supporter list can sometimes feel difficult. Use the following list to help find quality supporters who both have the desire and means to support the program. If you're not sure if someone would be interested, we recommend adding them. You'll be surprised who is happy to support the program.

Donor Idea List

- Parents/Guardians
- Family Friends
- Grandmother/Grandfather
- Great Grandparents, Great Aunts/Uncles
- Aunts/Uncles
- Community: doctors, dentists, lawyers
- Cousins
- Neighbors
- Parent's Co-workers
- Church/Social Friends
- Parent's Best Friends
- Alumni friends
- ****Please do not include Teachers, Coaches and Student Peers.**

Email Collection Form: <https://pages.fanangel.com/s/email-list.docx>



Player's Name: _____

#	Name	Email
1		
2		
3		
4		
5		
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7		
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10		
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12		
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20		



2019 Spirit Wear Order Form

Player Name _____

Phone _____

Email _____

Circle Varsity JV

Item	Circle Size	Circle Color	QTY	Price	Subtotal
Gildan 50/50 Short Sleeve T-Shirt	S M L XL XXL	White Grey Green		\$15	
Gildan 50/50 Long Sleeve T-Shirt	S M L XL XXL	White Grey Green		\$20	
Sport-Tek Dry Fit Short Sleeve Shirt Camo "P"	XS S M L XL Mens Sizes	Grey White		\$20	
Badger Dry Fit Short Sleeve Camo T-Shirt	XS S M L XL Mens Sizes	Green Camo		\$24	
Sport-Tek Ladies Cadence Shorts Printed Logo	XS S M L XL	Black/White Green/White		\$25	
Adidas Ladies Woven Short Printed Logo	XS S M L XL	Black		\$30	
Gildan Hoodie Tackle Twill Logo Personalization	S M L XL XXL	Grey Green		\$40	
_____				\$5	
"Varsity"				\$5	
Gildan Sweatpants Closed Bottom Embroidered Logo	S M L XL	Grey Green		\$25	
Adidas Women's Team Issue Hoodie Tackle Twill Logo Personalization	XS S M L XL	Grey		\$57	
_____				\$5	
"Varsity"				\$5	
Adidas Ladies Tiro 17 Training Pant Embroidered Logo	S M L XL	Black/Black		\$44	
Jerzees ¼ Zip Collared Sweatshirt Embroidered Logo Personalization	S M L XL XXL	Grey Green		\$36	
_____				\$5	
"Varsity"				\$5	
Port Authority Nylon Jacket w/ printed logo	XS S M L XL	Green		\$53	

Port Authority Fleece ¼ zip Pullover Embroidered Logo Personalization	S M L XL Mens Sizes	Grey Green Black		\$33 \$5 \$5	
Port Authority Fleece Full Zip Jacket Embroidered Logo Personalization	S M L XL Mens Sizes	Grey Green Black		\$35 \$5 \$5	
Port Authority Torrent Waterproof Jacket Embroidered Logo Personalization	S M L XL Mens Sizes	Grey		\$52 \$5 \$5	
Alternative Light Weight Full Zip Hoodie Embroidered Logo	S M L XL	Heathered Grey		\$37	
Adidas Womens Utility Full Zip Jacket Embroidered Logo Personalization	S M L XL	Grey Black		\$50 \$5 \$5	
Adidas Women's Team Issue ¼ Zip Embroidered logo on Left Chest Personalization	S M L XL	Grey Black		\$50 \$5 \$5	
Visor with embroidered logo	One Size	Grey/Green		\$17	
Baseball Cap Adjustable	One Size	Green/Grey		\$20	
Adidas Cuffed Beanie with embroidered logo	One Size	Grey		\$17	
Lanyard				\$5	
License Plate Frame				\$5	
Goggle Straps	One Size	Green		\$15	
Total Due By	Saturday 2/23/19	Total # Of Articles		Total \$	

Please make checks payable to: "Girls Lacrosse of Poway"
For Spirit Wear Questions please contact: Lesley Flud at 858-345-0091 or fludfamseven@gmail.com